



**SCRATCHES/SCRATCH**

**PENALTIES:**

All scratches should be submitted to the Clerk of Course as soon as possible to provide lanes for possible late entries. A swimmer may scratch a pre-seeded event on the blocks without penalty. Swimmers entered in a deck-seeded event, who have checked in for that event, must swim in the event unless they notify the Clerk of Course (before seeding for that event has been done) that they wish to scratch. **Failure to scratch prior to seeding and not swimming the event will result in the swimmer being barred from the next individual event in which they are entered, whether it is that day or the next day.**

**POSITIVE CHECK-IN:** Swimmers must check-in at the Clerk of Course for deck-seeded events as per the stipulation for that event as listed in the Order of Events. Swimmers are encouraged to check-in at the beginning of each day. Scratch rules will be in effect (see above).

<b>ENTRY FEES:</b>	Individual Events	\$ 4.00 per individual event	Late Entries:	\$5.00 per individual event
	Relays	\$ 10.00 per event	Late Relays	\$ 12.00 per event
	SES Surcharge	\$3.00 per swimmer		

**ELIGIBILITY:** This is an open meet. Swimmers must be at least 11 years old to enter "Senior" or "Open" events.

**SEEDING:** Event seeding will be TIMED FINALS.

**AWARDS:** Individual Events: Ribbons: 1<sup>st</sup> through 8<sup>th</sup>  
Relays: Ribbons: 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> Place  
High Point awards for 1<sup>st</sup> place in each age group.

**TEAM SCORING:** Individual Points: 1<sup>st</sup> thru 16<sup>th</sup> (20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1)  
Relays: 1<sup>st</sup> thru 16<sup>th</sup> (40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2)

<b>MEET REFEREE:</b> Brian Judd	<b>HEAD STROKE &amp; TURN:</b> TBA
<b>MEET DIRECTOR:</b> Julie Cash	<b>MEET MARSHALS:</b> David Phillips
<b>STARTER:</b> Paul Smith	

**COACHES & PARENTS:** Parking is available on lots around the University Pool.  
DO NOT PARK ON THE STREET OR ACCESS ROADS TO THE CAMPUS.  
These are fire lanes and cars will be ticketed and/or towed away.

**SPECIAL NOTES:** Should there be any questions, MEET OFFICIALS will recognize **ONLY** coaches or their designated representatives.  
One coach for each club must sign in at scorer's table to  
1) Verify that his (or her) team has a USAS Certified Coach(s)  
2) Obtain a heat sheet

**SAFETY:** In the interest of safety and accident prevention, coaches and swimmers are asked to observe all posted pool rules and facility rules referred to in this meet information and to conduct themselves in a safe and prudent manner. No one is allowed on the diving boards, diving towers, related diving equipment, or trampolines at any time. Birmingham Swim League will not accept responsibility for anyone who climbs to an unsafe height for any reason. Southeastern Swimming Meet Safety Guidelines and Warm-Up Procedures will be effect at this meet.

**MEET EVALUATIONS:** Any comments, suggestions, or evaluations should be sent to:  
John Woods  
205 Island Ave  
Chattanooga, TN 37405

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**OFFICIALS SIGN-UP**

Certified officials who wish to work at the meet, pleas contact Brian Judd (bjudd@msn.com). Please wear khaki pants and white shirts. Please fill out information on "Team Information" page to be returned with entries. Starter, Referee, and Stroke & Turn Judges **MUST** be members of United States Swimming.

## ORDER OF EVENTS - FRIDAY

**Friday Afternoon Session - All Swimmers**  
**Warmups at 4:45PM & Competition at 6:00 P.M.**

### GIRLS EVENTS

1	13-14	200 IM
3	Senior	200 IM
5	13-14	50 Free
7	Senior	50 Free

### EVENTS

### BOYS EVENTS

2
4
6
8

15 minute break if needed

9A	13-14	400 Free#*	10A
9B	Senior	400 Free#*	10B

# Deck seeded events: Positive check-in is due by 5:45pm for the 400 Free. If a swimmer is not checked in, that swimmer will not be seeded nor allowed to swim the event.

\* The 400 Free events will be deck seeded together with heats arranged from fastest to slowest, alternating girls then boys, but will be scored separately (13-14, Senior). This event may be limited to the fastest 40 females and 40 males entered (combined 13-14, Senior) at the discretion of the meet referee and the meet director.

Note: Swimmers are allowed to swim only two (2) events on Friday evening.

## ORDER OF EVENTS - SATURDAY

Saturday Morning Session - 12 & Under Swimmers  
**Warmups** at 8:00 A.M. & **Competition** at 9:00 A.M.

### GIRLS EVENTS

### EVENTS

### BOYS EVENTS

11	11 - 12	200 Free Relay	12
13	10 & U	200 Free Relay	14
15	11-12	200 IM	16
17	10 & U	200 IM	18
19	11 - 12	50 Butterfly	20
21	10 & U	50 Butterfly	22
23	8 & U	50 Butterfly	24
25	11 - 12	100 Free	26
27	10 & U	100 Free	28
29	8 & U	100 Free	30
31	11 - 12	50 Back	32
33	10 & U	50 Back	34
35	8 & U	50 Back	36
37	11 - 12	100 Breast	38
39	10 & U	100 Breast	40

## ORDER OF EVENTS - SATURDAY

Afternoon Session - 13 Through Senior  
Warmups at conclusion of Morning Session but not before 12 Noon  
Competition not before 1:10pm

### GIRLS EVENTS

### EVENTS

### BOYS EVENTS

41	13 -14	400 Free Relay	42
43	Senior	400 Free Relay	44
45	13 - 14	200 Butterfly	46
47	Senior	200 Butterfly	48
49	13 -14	100 Free	50
51	Senior	100 Free	52
53	13 - 14	200 Breast	54
55	Senior	200 Breast	56
57	13 - 14	100 Back	58
59	Senior	100 Back	60
	15 minute break if needed		
61A	13-14	400 IM#*	62A
61B	Senior	400 IM#*	62B

# Deck seeded events: Positive check-in is due by 1:30pm for the 400 IM. If a swimmer is not checked in, that swimmer will not be seeded nor allowed to swim the event.

\* The 400 IM events will be deck seeded together with heats arranged from fastest to slowest, alternating girls then boys, but will be scored separately (13-14, Senior). This event may be limited to the fastest 40 females and 40 males entered (combined 13-14, Senior) at the discretion of the meet referee and the meet director.

# ORDER OF EVENTS - SUNDAY

**Sunday Morning Session - 12 & Under Swimmers**  
**Warmups at 8:00 A.M. & Competition at 9:00 A.M.**

<b>GIRLS EVENTS</b>	<b>EVENTS</b>	<b>BOYS EVENTS</b>
63	11 - 12 200 Medley Relay	64
65	10 & U 200 Medley Relay	66
67	11 - 12 200 Free	88
69	10 & U 200 Free	90
71	11 - 12 100 Back	68
73	10 & U 100 Back	70
75	11 - 12 50 Free	72
77	10 & U 50 Free	74
79	8 & U 50 Free	76
81	11 - 12 50 Breast	78
83	10 & U 50 Breast	80
85	8 & U 50 Breast	82
87	11 - 12 100 Fly	84
89	10 & U 100 Fly	86
91A	11-12 400 Free#*	92A
91B	10-U 400 Free#*	92B

# Deck seeded events: Positive check-in is due by 9:00AM for the 400 Free. If a swimmer is not checked in, that swimmer will not be seeded nor allowed to swim the event.

\* The 400 Free events will be deck seeded together with heats arranged from fastest to slowest, alternating girls then boys, but will be scored separately (11-12, 10-U). This event may be limited to the fastest 32 females and 32 males entered (combined 11-12, 10-U) at the discretion of the meet referee and the meet director.

# ORDER OF EVENTS - SUNDAY

Afternoon Session - 13 Through Senior  
Warmups at the conclusion of the Morning Session but not before 12 Noon  
Competition not before 1:10pm

## GIRLS EVENTS

## EVENTS

## BOYS EVENTS

93	13 - 14	400 Medley Relay	94
95	Senior	400 Medley Relay	96
97	13 - 14	200 Free	98
99	Senior	200 Free	100
101	13 - 14	100 Breast	102
103	Senior	100 Breast	104
105	13 - 14	200 Back	106
107	Senior	200 Back	108
109	13 - 14	100 Fly	110
111	Senior	100 Fly	112
		15 minute break if needed	
113A	13-14	800 Free#*	114A
113B	Senior	800 Free#*	114B

# Deck seeded events: Positive check-in is due by 1:30pm for the 800 Free. If a swimmer is not checked in, that swimmer will not be seeded nor allowed to swim the event.

\* The 800 Free events will be deck seeded together with heats arranged from fastest to slowest, alternating girls then boys, but will be scored separately (13-14, Senior). This event may be limited to the fastest 32 females and 32 males entered (combined 13-14, Senior) at the discretion of the meet referee and the meet director.

**TEAM INFORMATION**

<b>CLUB NAME:</b>		<b>INITIALS:</b>	
<b>ADDRESS:</b>			
<b>LSC:</b>		<b>HEAD COACH:</b>	
<b>CONTACT PERSON:</b>		<b>PHONE NUMBER:</b>	
<b>FAX NUMBER:</b>		<b>CELL PHONE:</b>	<b>EMAIL:</b>
<b>COACHES ATTENDING:</b>	1.		
	2.		
	3.		
	4.		
<b>CERTIFIED OFFICIALS WHO MAY WISH TO WORK:</b>	1.		
	2.		
	3.		
	4.		
<b>NUMBER OF SWIMMERS ENTERED:</b>	<b>ATTACHED:</b>		
	<b>UNATTACHED:</b>		
	<b>TOTAL:</b>		

**SUMMARY OF FEES**

<b>NUMBER OF SWIMMERS:</b>		X \$3.00 SES SURCHARGE	=	
<b>NUMBER OF IND. EVENTS:</b>		X \$4.00 PER EVENT ENTRY FEE	=	
<b>NUMBER OF RELAYS:</b>		X \$10.00 PER RELAY	=	
<b>TOTAL DUE:</b>				

**WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE:**

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I also acknowledge that I am familiar with the rules of USA Swimming and Southeastern Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my team's swimmers with those rules during this meet. The Birmingham Swim League, Vestavia Hills Parks and Recreation Department, the University of Alabama, and Southeastern Swimming, Inc. and USA Swimming, their agents, officers, representatives, employees and coaches shall be free from any liability or claim for damages for any and all injuries, illnesses or damage to valuables which may be sustained at this meet or while in transit to and from this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results or any other documents associated with the running of this meet.

<b>SIGNATURE OF COACH OR CLUB OFFICIAL:</b>	
<b>CLUB:</b>	
<b>TITLE:</b>	<b>DATE:</b>

## SOUTHEASTERN SWIMMING ENTRY FORM

Times should be in LONG COURSE METERS

Please duplicate as needed

	EVENT NAME	NO.	BEST TIME	EVENT NAME	NO.	BEST TIME
<b>NAME OF SWIMMER:</b>						
<b>USS REGISTRATION NO.:</b>						
<b>DATE OF BIRTH:</b> <b>SEX:</b>						
<b>NAME OF SWIMMER:</b>						
<b>USS REGISTRATION NO.:</b>						
<b>DATE OF BIRTH:</b> <b>SEX:</b>						
<b>NAME OF SWIMMER:</b>						
<b>USS REGISTRATION NO.:</b>						
<b>DATE OF BIRTH:</b> <b>SEX:</b>						
<b>NAME OF SWIMMER:</b>						
<b>USS REGISTRATION NO.:</b>						
<b>DATE OF BIRTH:</b> <b>SEX:</b>						

**Southeastern Swimming  
Information Form for Disabled Swimmers**

<b>NAME:</b>		<b>AGE:</b>	<b>DATE OF BIRTH:</b>		
<b>ADDRESS:</b>			<b>PHONE NUMBER:</b>		
<b>EVENTS ENTERED:</b>					
<b>EVENT:</b>	<b>NO.</b>	<b>EVENT:</b>	<b>NO.</b>		
<b>EVENT:</b>	<b>NO.</b>	<b>EVENT:</b>	<b>NO.</b>		
<b>EVENT:</b>	<b>NO.</b>	<b>EVENT:</b>	<b>NO.</b>		
<b>DESCRIBE TYPE AND EXTENT OF DISABILITY (Be specific; e.g. totally or partially blind or deaf; loss of limbs, multiple disabilities):</b>					
<b>THE FOLLOWING PERSONS WILL ACCOMPANY THE SWIMMER FOR ANY NEEDED ASSISTANCE:</b>		<b>NAME:</b>			
		<b>NAME:</b>			
<b>SEIZURES?</b>	<b>YES:</b> <input type="checkbox"/> <b>NO:</b> <input type="checkbox"/>	<b>ARE YOU ON MEDICATION?</b>	<b>YES:</b> <input type="checkbox"/> <b>NO:</b> <input type="checkbox"/>	<b>MEDICATION/DOSE:</b>	
<b>MEDICATION/DOSE:</b>	<b>MEDICATION/DOSE:</b>		<b>MEDICATION/DOSE:</b>		
<b>PARENT OR GUARDIAN'S NAME:</b>			<b>PHONE NUMBER:</b>		
<b>PARENT OR GUARDIAN'S SIGNATURE:</b>		<b>ATHLETE'S SIGNATURE:</b>			
<b>PHYSICIAN'S NAME:</b>			<b>PHONE NUMBER:</b>		
<b>PHYSICIAN'S ADDRESS:</b>					
<b>I HAVE EXAMINED THE ABOVE ENTRANT AND, IN MY OPINION, THERE IS NO MENTAL OR PHYSICAL REASON WHY HE OR SHE SHOULD NOT PARTICIPATE IN USA SWIMMING COMPETITION.</b>					
<b>PHYSICIAN'S SIGNATURE:</b>			<b>DATE:</b>		